

## **Day of the Young General Practitioner: “Care in Challenging Times”**

### **Date**

Sat. 25/04/2026, 08:00–18:00

### **Organiser**

Jong Domus

### **Address**

Campus Drie Eiken (University of Antwerp)  
Universiteitsplein 1  
2610 Wilrijk  
Belgium

### **Price**

€100 (members)  
€50 (member GP trainees, students and non-GPs)  
€200 (non-members)  
€100 (non-member GP trainees, students and non-GPs)

### **Accreditation**

Accreditation has been requested

### **Register for this event**

---

We are delighted to announce the fourth edition of the **Day of the Young General Practitioner!**  
This year’s central theme is **“Care in Challenging Times.”**

Our aim is to offer an inspiring forum on current and future challenges faced by every primary care provider. Topics include health and climate change, migration, mental resilience at work, and the impact of artificial intelligence.

In addition to lectures, we offer a series of interactive workshops designed to strengthen your ability to deal with these challenges, such as setting boundaries and working with protocol-based care. In short: something for everyone!

The **Day of the Young General Practitioner** is not only intended for young GPs. Every enthusiastic healthcare professional is warmly welcome!

Both keynotes will be in English, and we provide three English spoken workshops:

- The Impact of Environmental Pollution on Child Health (ENGLISH) – Prof. Daan Van Brusselen
- Working abroad as a GP (ENGLISH) – Dr Sophie Willocx & Dr Jeroen Grouwels
- Antimicrobial resistance (ENGLISH) – Prof. Liselotte Hardy & Brecht Ingelbeen

---

### **Programme**

**08:00 – 08:30:** Registration

**08:30 – 09:00:** Welcome and icebreaker

**09:00 – 09:45:** Keynote 1

*Sustainability and Health* – Speaker: Dr Eveline De Coster

**10:00 – 11:00:** Workshop 1

Choose from:

- The Impact of Environmental Pollution on Child Health (ENGLISH) – Prof. Daan Van Brusselen
- Diversity and inclusion in healthcare – communication with people with a migration background – Workshop led by researchers from the interdisciplinary MEDIMIG project (“Medical decision-making among people with a migration background in a super-diverse society”) of the University of Antwerp
- Setting boundaries with respect and confidence – Dr Katelijne Baetens
- Meeting strategies in general practice: consensus-based decision-making – Riet Bongaerts
- Dermatology in dark skin – Prof. Dr Martine Grosber
- Long-term work incapacity: collaboration in prevention and reintegration – Dr Anne-Marie Bonroy & Dr Bieke Claesen
- Respiratory consultations – Dr Michiel Willems & Anaïs Verbeke
- Travel medicine consultation in primary care: from basics to current challenges – Dr Elisabeth Van Hulle

**11:00 – 11:30:** Coffee break

**11:30 – 12:30:** Workshop 2

Choose from:

- Climate and health – Dr Jules Vertriest
- Polypharmacy and deprescribing – Dr Ellen Van Leeuwen
- Setting boundaries with respect and confidence – Dr Katelijne Baetens
- Sustainable prescribing – Arne Dambre, Glenn Boulanger & Marieke De Sutter
- Meeting strategies in general practice: consensus-based decision-making – Riet Bongaerts
- Long-term work incapacity: collaboration in prevention and reintegration – Dr Anne-Marie Bonroy & Dr Bieke Claesen
- Working abroad as a GP (ENGLISH) – Dr Sophie Willocx & Dr Jeroen Grouwels
- Loneliness – Diane Slootmans

**12:30 – 14:30:** Lunch break incl. exhibition area and job fair

**14:30 – 15:30:** Workshop 3

Choose from:

- Getting started with a practice protocol – Laurent Desmet

- First aid in refugee healthcare – Dr Eline Vernieuwe
- Travel medicine consultation in primary care: from basics to current challenges – Dr Elisabeth Van Hulle
- Antimicrobial resistance (ENGLISH) – Prof. Liselotte Hardy & Brecht Ingelbeen
- Debate: how to deal with GP shortages? – Dr Carmen Binst (moderator), Dr Bram Spinnewijn & Dr Charlotte Goemaere

**15:45 – 17:00:** Keynote 2

*Medicine in the Age of AI* – Speaker: Dr Wim Van Biesen

**17:00 – 17:30:** Reception

**From 17:30:** Social event

Would you like to join the social event after the conference? Register here. This registration is separate from your registration for the Day of the Young General Practitioner.

## Session descriptions

### Registration

Add the event to your shopping cart and proceed to checkout.

Registrations are personal. If you do not yet have a Domus Medica account, please create one first (free of charge). Click **Sign in** → **New account** in the top right corner.

Are you a member of Domus Medica? After logging in, the member rate will automatically be applied during checkout.

As a GP trainee (HAIO) or a medical or nursing student, you can become a member at a reduced rate and immediately benefit from an additional 50% member discount. More information about our memberships can be found here:

### **Membership | Domus Medica**

Are you a GP trainee, student, or non-GP? Then you can use the following discount code to register at a reduced rate:

### **DVJH-Korting**

Registrations using a discount code are always checked. If you are not eligible, you will receive an invoice to pay the remaining balance.

### **Childcare**

Young children are welcome too! During the conference, we provide childcare for children aged 2 to 8 years in a separate, enclosed area close to the conference rooms. The children will be supervised at all times. A separate breastfeeding room (with refrigerator) will also be available.

The fee is **€15 per child**.

Would you like to make use of the childcare service during the conference? Please register your child as soon as possible, as places are limited. Each registration is individual. Add the product below to your shopping cart and proceed to checkout. If you wish to register more than one child, please repeat the registration process for each child.

### **Social Event**

Would you like to network and enjoy a bite to eat after the conference during our Social Event? Simply add the product below to your shopping cart and proceed to checkout. Please note that this is separate from your registration for the Day of the Young GP.

Natuurlijk — hier is een volledige en vlotte Engelse vertaling van de tekst:

---

## **Session Descriptions**

### **Keynotes**

#### **Keynote 1: Sustainability and Health**

In this keynote, we unravel what sustainable healthcare truly means. Starting from the planetary boundaries framework, we explore the impact of healthcare on our planet. Through a One Health approach, we demonstrate why caring for human health is inseparably linked to ecological limits. An inspiring call to rethink healthcare in challenging times.

**Speaker:** Dr Eveline DeCoster

---

#### **Keynote 2: Medicine in the Age of AI**

Healthcare professionals are currently under pressure from all sides and are being overwhelmed by medical-technological, societal, social, economic, and ecological developments. Those in need of care often find themselves caught between, on the one hand, sky-high expectations fuelled by optimistic narratives about medical advances, and on the other hand, the reality of limited access to care and an increasingly two-tier healthcare system. In this landscape, great hope is placed in the possibilities of artificial intelligence. But can AI live up to these expectations?

**Speaker:** Prof. Dr Wim Van Biesen, Ghent University Hospital (UZ Gent), Nephrology

---

### **Workshop 1**

#### **The Impact of Environmental Pollution on Child Health (ENG)**

Professor Daan Van Brusselen explores how environmental pollution and climate change directly affect children's health — from rising respiratory diseases linked to air pollution, to developmental and perinatal impacts associated with environmental toxins and heat exposure. His research and book emphasize that children are the most vulnerable — and yet the most powerful indicators — of environmental pollution and climate change. Through clinical insight, global field experience, and policy engagement, he connects the dots between paediatric infectiology, environmental science, and sustainable public health.

Prof. Daan Van Brusselen is a paediatric infectiologist at ZAS Hospitals Antwerp & the University of Antwerp. He has worked for Médecins Sans Frontières (MSF) for several years and still undertakes short missions. He is Co-Chair of the Antwerp Pediatric Clinical Trial Network (vaccines &

infectiology), teaches tropical paediatrics at the Institute of Tropical Medicine (Antwerp), and holds a PhD focused on environmental health. He combines clinical practice with research and international humanitarian work, focusing on the intersection of child health, environmental pollution, and social justice.

**Target audience:** physicians, practice nurses, and others

---

### **Working Abroad as a GP (ENG)**

Do you dream of working abroad as a GP? Two colleagues share their international experiences, from refugee camps in Greece to Mayotte, French Guiana, and the Netherlands. Learn how healthcare systems differ, how to start such an adventure, and what challenges and opportunities lie ahead.

**Speakers:** Sophie Willocx & Jeroen Grouwels

**Target audience:** physicians

---

### **Antimicrobial Resistance (ENG)**

Antimicrobial resistance is one of today's greatest healthcare challenges. Together with experts from the Institute of Tropical Medicine, we explore AMR fundamentals, focusing on low-resource settings.

**Speakers:** Prof. Liselotte Hardy & Brecht Ingelbeen

**Target audience:** physicians